



ECHO UMMEED AUTISM INTERVENTION

About Ummeed

Ummeed is a not-for-profit organization set up in 2001 by Dr. Vibha Krishnamurthy, with the objective of helping children with developmental disabilities like Autism Spectrum Disorder, Cerebral Palsy, Mental Retardation, Learning Disabilities, and Attention Deficit Hyperactivity Disorder. Today, Ummeed provides specialized care for developmental disabilities and has additionally moved into areas of training, research and advocacy. More than 70 professionals ranging from pediatricians, therapists, mental health professionals and social workers support its services. It is now one of the country's leading NGOs, much respected for its work in the field of children with disabilities. Ummeed provides integrated care for children from all sections of society and empowers parents by giving them the skills to do what every parent dreams of – helping their child grow, learn, and live their life to the fullest.

Ummeed's vision is to help children with developmental disabilities & those at risk for acquiring disabilities reach their maximum potential and be integrated in society.

Autism Intervention Training Program at Ummeed

Autism Intervention Training Program (AITP) Level 1 is a certificate course, spread over 6 months, for professionals working in clinics, rehabilitation centers, schools and other organizations working with children with ASD. This program focuses on training professionals to work on communication, social skills, play and behaviors in children with ASD between ages of 1- 12 years using a combination of evidence based strategies. This program also provides supervision during the course of the program and post training support to help professionals successfully apply the strategies in their practice.

The Autism Intervention Team at Ummeed launched AITP on 28 January 2016. The second batch was successfully conducted the following year in 2017. Twenty-four professionals from all over India embarked on a six-month journey of learning and practical training. Professionals came in from all over India including Mumbai, Bengaluru, Beed, Chennai, Faridabad, Gurgaon, Goa, Ichalkaranji, Kolkata, Pune, and Thrissur to join AITP. Participants from various backgrounds - Occupational Therapists, Physio Therapists, Pediatricians, Speech Therapists, Special Educators, Counsellors and Parent-professionals successfully completed the training.

AITP Mentorship

As the AITP trainees started 'Autism Intervention' in their practice, many of them expressed interest in ongoing mentorship and support in this field. As an effort to bring all of the trainees together for collaborative learning, Ummeed is partnering with Project ECHO India.

During this project, a case based discussion model will be used to strengthen in depth understanding and application of concepts taught during AITP. The objective of the program is to help the trainees with ongoing support in their practice enhancing their clinical skills, right where they are. The hope is to build the community of 'Autism Interventionists' who will in turn impact maximum families with Autism; who will receive timely and accessible evidence based care.

ECHO Ummeed Autism Intervention

Ummeed is starting 7 month long AITP Mentorship program for the year 2017-2018 starting from October 2017 to April 2018.

Hub Team:

- Dolores Scheelen: Senior Autism Consultant, Oregon, Medford
- Chanchal Patil: Lead Therapist and Senior Program Manager, Ummeed CDC
- Dr. Koyeli Segupta: Developmental Pediatrician and Director, Autism Intervention Services, Ummeed CDC

Spokes:

- 4 trainees from AITP Level 1 Batch 1 2016
- 12 trainees from AITP Level 2 Batch 2 2017

Schedule of the Clinic:

| | Date | Time | Topic |
|------------------|--|-----------------|--|
| Session 1 | Friday, October 13 th 2017 | 9 am – 10:30 am | When the child does not speak or communicate in appropriate ways |
| Session 2 | Friday, November 3 rd 2017 | | When the child does not understand any instructions given or the words spoken |
| Session 3 | Friday, November 17 th 2017 | | When the child gets aggressive and shows inappropriate behaviors |
| Session 4 | Friday, December 3 rd 2017 | | When the child has difficulties in social skills |
| Session 5 | Friday, December 15 th 2017 | | When the child shows lots of ‘Sensory’ Behaviors’ |
| Session 6 | Friday, January 12 th 2018 | | When the child has difficulties in activities of daily living |
| Session 7 | Friday, February 9 th 2018 | | When the child does everything at therapy but still has difficulty doing same things at home and/or school |
| Session 8 | Friday, March 16 th 2018 | | When parents do not follow the therapy plan at home |
| Session 9 | Friday, April 13 th 2018 | | When the child does not pay attention to the adult or the activity |

Structure of the Echo clinic:

Each ECHO session is divided into

- 5 min Introduction
- 10 min case introduction of case
- 20 min Didactic
- 40 min Case Discussion
- 15 Min Discussing Plan and Wrap up