



Junior Therapist

About Ummeed:

Ummeed is a non-profit organization providing family-centered care to children with developmental disabilities and their families. Our cross-functional team of professionals provide evidence-based care to these children and their families, based on their needs. Besides running the clinic at Lower Parel, Ummeed also delivers training and is involved in community and advocacy initiatives in the developmental disabilities space.

About “the position” at Ummeed:

The Ummeed Mental Health Team works with the families using the narrative approach. The mental health team began using narrative practices with children and families in 2006. Narrative therapy is a respectful, non-blaming approach to counselling which centers people as the experts in their own lives. It views problems as separate from people and assumes people have many skills, beliefs, values, and abilities that will allow them to reduce the influence of problems in their lives (www.narrativetherapyindia.com).

The team works collaboratively with a child’s caregivers to address his/her needs. Counselling sessions are usually individual child, parent(s), and parent-child or family meetings. Group counselling sessions are also conducted when feasible.

Primary Responsibilities:

- Conduct individual counselling sessions with parents and children with or at risk of developmental disabilities
- Conduct family meetings
- Conduct group counselling sessions with children, parents and siblings of children with or at risk of developmental disabilities
- Documentation of sessions
- Assist in short term and long term training programs that the team conducts.

Minimum Qualifications:

- Master’s degree in Psychology/Counseling

Essentials Skills Required:

- Must have good written and communications skills
- Must be open to supervision
- Must be comfortable to work within and across different teams
- Prior experience of working with children and families will be an advantage

Reporting to: Director – Mental Health

Others:

Ummeed would give preference to a candidate who is interested in putting in at least 40 hours per week. Salary will be commensurate with qualifications and experience.

Candidates meeting the criteria may email their updated resumes to careers@ummeed.org.