

## Autism Intervention Training Program (AITP)

AITP is divided into 3 full time teaching modules along with supervision.

Each Module will focus on working with children with ASD in different age groups:

**Module 1:** Starting to Work with the Child

**Module 2:** Planning Interventions

**Module 3:** Working with the Family Course

Modules have been designed to enable professionals to learn about the following areas of Autism Intervention:

- Assessment and Goal Planning
- Intervention techniques and approaches such as Developmental approaches, ABA techniques including: Discrete Trial Training (DTT) and Pivotal Response Training (PRT), and TEACCH, among others.
- Sensory issues and Activities of Daily Living (ADLs)
- Involving and Engaging Families in care

Course modules will be delivered through a combination of interactive lectures, video demonstrations, mocks and clinical observations of real sessions. Professionals are expected to apply learnt strategies to children that they work with in their practice and discuss learnings and challenges during supervision sessions. Each professional will have to present 1-2 selected cases during the final case discussion to demonstrate understanding and application of learnt concepts. After AITP Level 1, the professional can enroll for AITP Level 2 in the following year, on completion of which they will qualify as an AUTISM INTERVENTION THERAPIST, certified by Ummeed Child Development Center, Mumbai